Strong Interest Inventory® and Myers-Briggs Type Indicator® Career Report
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Report prepared for
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INTRODUCTION TO YOUR STRONG AND MBTI® CAREER REPORT

As part of your career exploration process you recently took two powerful assessments:

- The Strong Interest Inventory® (Strong) assessment
- The Myers-Briggs Type Indicator® (MBTI®) assessment

Both of these tools have been revised and updated through many decades of research and provide the latest, most thorough information available relating career interests, personality, and work environments. Although each assessment is helpful in itself, examining your combined results will expand your understanding of both yourself and your career options.

This report builds on what you have learned from prior interpretations of the Strong and MBTI tools. Although the following pages include brief summaries of your Strong and MBTI results, make sure that you have discussed each assessment with a career professional first in order to get the most from this report.

HOW YOU WILL BENEFIT

The Strong and MBTI® Career Report can help you identify:

- Work tasks you might find satisfying
- Work environments that would be a good fit
- Specific occupations and career fields you might enjoy
- Ways to alter your work environment to make it more satisfying
- Leisure activities to balance your work life
- Strategies for career development
- Tactics for staying motivated during the career exploration process

HOW YOUR REPORT IS ORGANIZED

The sections in your Strong and MBTI® Career Report are:

- Summary of Your Strong and MBTI Results
- Your Strong Themes and MBTI Preferences Combined
- Your Personal Style and MBTI Preferences
- Career Fields and Occupations Suggested by Your Combined Results
- Additional Occupations to Explore
- Career Development Strategies
- Successful Career Exploration and Change
- Next Steps
SUMMARY OF YOUR STRONG AND MBTI® RESULTS

Your results on the Strong and MBTI tools are based on the same assumption—that you are most likely to be satisfied and productive if you are working at something you enjoy in an environment you find compatible.

- The Strong assessment matches your interests with six types of work environments.
- The MBTI assessment describes your personality type and matches it with types of work.

YOUR SIX STRONG GENERAL OCCUPATIONAL THEMES

Your Strong Profile showed your level of interest in six General Occupational Themes. These Themes reflect broad patterns of interest and are used to describe both people’s personalities and the environments in which they work. The Themes below are presented in your order of interest.

- Social—Helping, instructing
- Artistic—Creating or enjoying art
- Realistic—Building, repairing
- Enterprising—Managing, selling
- Investigative—Researching, analyzing
- Conventional—Accounting, processing data

Your highest Themes are Social and Artistic.

People with interests in these areas usually enjoy close, personal connections with others. Using their creativity to make a difference in people’s lives is often important to them.

YOUR FOUR MBTI® PERSONALITY PREFERENCES

You verified your MBTI personality preferences as follows: ENFP.

- Extraversion (E)—Getting energy from and attuning to the outer world of people and activity
- Intuition (N)—Taking in information from patterns and the big picture and focusing on future possibilities
- Feeling (F)—Making decisions based primarily on values and subjective consideration of person-centered concerns
- Perceiving (P)—Being flexible and spontaneous and wanting to keep your options open

People with ENFP preferences like to use their creativity to help others reach their goals and realize their dreams. They enjoy solving problems using a person-centered approach, considering what is most valued by themselves and others.

If you have any questions about your Strong or MBTI results, be sure to ask your career professional for clarification.
YOUR STRONG THEMES AND MBTI® PREFERENCES COMBINED

Your combined Strong Theme and MBTI results are described below. Your combined results will help you explore:

• What you might like to do
• Where you might like to work
• How you might like to work and learn

This report focuses on your Social Strong Theme because that is the Theme in which you showed the greatest interest. The Social Theme likely represents your strongest career motivator and the kinds of activities you find most energizing. Work environments in which you can provide help or instruction to others will probably attract you first.

Your Strong results show that you are also quite interested in the Artistic and Realistic Themes. You may find it helpful to discuss with your career professional how these Themes might affect your career exploration.

SOCIAL + ENFP—The Enthusiastic Helpers

| Social work environments | • Interactive, collaborative  
|                          | • Supportive  
|                          | • Helpful  
|                          | • Focused on benefiting others |
| ENFPs at work            | • Enjoy fostering human potential  
|                          | • Are able to connect everyday routines to the bigger picture  
|                          | • Make decisions that promote consensus and harmony  
|                          | • Adapt easily and enjoy change and variety |
| Social + ENFP individuals often like | • Energetic, collaborative work environments  
|                          | • Empowering people to find innovative ways to solve their problems  
|                          | • Encouraging personal and professional development  
|                          | • Building consensus and contributing to team efforts |

You can probably tell from the descriptions above that Social work environments are often attractive to ENFPs. You will most likely be appreciated for your ability to:

• Encourage the open discussion of ideas  
• Facilitate consensus when making decisions  
• Maintain your enthusiasm and positive outlook  
• Adapt easily to change

However, some Social work environments may seem a bit too focused on outcomes for you. Your enthusiasm and tendency to say “yes” to things that interest you may at times lead other people to see you as overextending yourself and failing to follow through.
YOUR PERSONAL STYLE AND MBTI® PREFERENCES

Explained below are your results on the five Strong scales that describe your personal style of working and learning, combined with the impact of your MBTI preferences.

**STRONG WORK STYLE + MBTI® TYPE**
Your Strong result and MBTI preferences for Extraversion and Feeling suggest that you may:
- Enjoy work that offers many opportunities to collaborate with and help others
- Be good at getting others involved in and enthusiastic about group projects
- Want to socialize during and after work, or have a busy social life unrelated to work

**STRONG LEARNING ENVIRONMENT + MBTI® TYPE**
Your Strong result and MBTI preference for Intuition suggest that you would probably:
- Enjoy learning through lecture and reading
- Like exploring the broad theories and concepts that underlie your field of study
- Be interested in knowledge for its own sake
- Want a position in which conceptual knowledge is valued and continual learning opportunities are available

**STRONG LEADERSHIP STYLE + MBTI® TYPE**
Your Strong result and MBTI preferences for Extraversion, Intuition, and Feeling suggest that you may:
- Feel comfortable expressing your ideas and values
- Like managing people and giving directions
- Enjoy getting things going and motivating others to get a job done
- Want a job that provides opportunities to be in charge

**STRONG RISK TAKING + MBTI® TYPE**
Your Strong result and MBTI preferences for Feeling and Perceiving suggest that you may:
- Be most comfortable in positions that allow you to take risks or take on new challenges
- Search out new ways to help others
- Want to be assured that any risks you take are likely to benefit others besides you

**STRONG TEAM ORIENTATION + MBTI® TYPE**
Your Strong result and MBTI preference for Extraversion suggest that you would probably:
- Enjoy lots of contact with others and working as part of a team
- Like collaborating on goal setting and problem solving
- Be willing to share the recognition for group efforts
CAREER FIELDS AND OCCUPATIONS SUGGESTED BY YOUR COMBINED RESULTS

Now that you have seen how your Strong Themes and MBTI preferences combine to suggest satisfying tasks and work environments, and how the Strong Personal Style Scales and MBTI preferences combine to suggest your styles of working and learning, it is time to narrow your career exploration to career fields and specific occupations.

CAREER FIELDS FOR SOCIAL + ENFP TYPES

The career fields to the right reflect both Social work environments suggested by your Strong results and O*NET™ job families that attract ENFP types. You can find out more about these career fields by looking up their codes at http://www.onetonline.org. Your career professional can help you explore many other career fields that may appeal to you. These are just a few suggestions to help you get started.

CAREER FIELD | O*NET CODE(S)
---|---
Psychology and Counseling | 19-3031.02 19-3031.03
Religious Education and Clergy | 25-1126.00 21-2021.00
 | 21-2011.00
Teaching | 25-2021.00 25-1081.00
 | 25-2022.00 25-2031.00
Health Care | 29-1199.00 25-1072.00
 | 29-1071.00 29-1062.00

OCCUPATIONS FOR YOUR COMBINED STRONG AND MBTI® RESULTS

The occupations in the table that follows were suggested by both your Strong interests and your MBTI type, thus making it likely that you may find them satisfying and enjoyable. Keep in mind that

• Your interests are similar to those of people working in these occupations who like their work
• These occupations tend to attract people with the same MBTI type as you have who are satisfied with their job

These occupations are based on data collected from more than 70,000 people who are satisfied with their jobs and have taken the Strong inventory and from more than 90,000 people who are satisfied with their jobs and have taken the MBTI assessment. The occupations from both sources are linked to the occupations found in the O*NET system of occupational classification developed by the U.S. Department of Labor. For more information about these occupations, click an occupation name in the left column or visit http://www.onetonline.org and enter the occupation name in the search box at the Web site.

YOUR TOP COMBINED OCCUPATIONS

<table>
<thead>
<tr>
<th>OCCUPATION</th>
<th>TYPICAL WORK TASKS</th>
<th>SELECTED KNOWLEDGE, SKILLS, ABILITIES (KSAs)</th>
</tr>
</thead>
</table>
| Administrative Assistant | • Provide high-level administrative support by handling information requests and organizing schedules
• Prepare reports, memos, and letters using word-processing, spreadsheet, database, or presentation software
• Prepare agendas and make arrangements for meetings | • Knowledge of administrative and clerical procedures, such as word processing, managing files and records, and office procedures
• Skill in coordination of people and resources
• Skill in time management for self and others |

| Special Education Teacher | • Teach school subjects and daily living skills to educationally and physically handicapped students
• Confer with parents, administrators, and others to develop individual educational plans to promote students’ educational, physical, and social development | • Knowledge of methods for curriculum design, teaching, and instruction
• Skill in selecting and using instructional training methods and procedures appropriate to the person
• Knowledge of human behavior and performance |

Continued on next page
### YOUR TOP COMBINED OCCUPATIONS (continued)

<table>
<thead>
<tr>
<th>OCCUPATION</th>
<th>TYPICAL WORK TASKS</th>
<th>SELECTED KNOWLEDGE, SKILLS, ABILITIES (KSAs)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Arts/Entertainment Manager</strong></td>
<td>• Confer with clients about their careers and actions taken on their behalf</td>
<td>• Knowledge of media production, communication, and dissemination techniques and methods</td>
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<tr>
<td></td>
<td>• Schedule promotional or performance engagements and develop strategies for your clients’ success</td>
<td>• Knowledge of methods for promoting and selling services</td>
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<td></td>
<td>• Confer with art or production department heads to discuss presentations and to coordinate creative activities</td>
<td>• Ability to come up with clever ideas and skill in persuading others to change their minds or behavior</td>
</tr>
<tr>
<td><strong>Customer Service Representative</strong></td>
<td>• Confer with customers to provide information about products and services, take or enter orders, cancel accounts, or obtain details of complaints</td>
<td>• Knowledge of principles and processes for providing customer services</td>
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<tr>
<td></td>
<td>• Keep records of customer interactions and transactions</td>
<td>• Knowledge of administrative and clerical procedures and systems</td>
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<tr>
<td></td>
<td>• Check to ensure that appropriate changes were made to resolve customers’ problems</td>
<td>• Ability to give full attention to what other people are saying and talk to others to convey information effectively</td>
</tr>
<tr>
<td><strong>Occupational Therapist</strong></td>
<td>• Assess, plan, and participate in programs to help restore vocational and daily living skills, as well as general independence, to disabled persons</td>
<td>• Knowledge of procedures for diagnosing, treating, and rehabilitating physical and mental dysfunctions</td>
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<td></td>
<td>• Test and evaluate patients’ physical and mental abilities to determine realistic rehabilitation goals</td>
<td>• Knowledge of human behavior and performance</td>
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<td>• Ability to be sensitive to others’ needs and feelings and to be understanding and helpful on the job</td>
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<tr>
<td><strong>Community Service Director</strong></td>
<td>• Plan, organize, and/or coordinate the activities of a social service program or community outreach organization</td>
<td>• Knowledge of management principles involved in strategic planning and coordination of people and resources</td>
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<td></td>
<td>• Direct fund-raising activities</td>
<td>• Knowledge of processes for providing customer service, including assessing needs and evaluating satisfaction</td>
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<td></td>
<td>• Plan and administer budgets</td>
<td>• Ability to represent the organization to customers, the public, government, and other external parties</td>
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<tr>
<td><strong>Instructional Coordinator</strong></td>
<td>• Plan and conduct teacher training programs and conferences dealing with new classroom procedures, materials, and equipment</td>
<td>• Knowledge of principles and methods for curriculum and training design, teaching and instruction, and the measurement of training effects</td>
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<tr>
<td></td>
<td>• Research, evaluate, and prepare recommendations on curricula, instructional methods, and materials for school systems</td>
<td>• Skill in selecting and using training/instructional methods and procedures</td>
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<tr>
<td></td>
<td>• Advise teaching and administrative staff in curriculum development</td>
<td>• Ability to read and understand information and ideas presented in writing</td>
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<tr>
<td><strong>Secondary School Teacher</strong></td>
<td>• Instruct through lectures, discussions, and demonstrations in one or more subjects</td>
<td>• Knowledge of principles and methods for curriculum delivery, teaching and instruction for individuals and groups, and the measurement of training effects</td>
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<tr>
<td></td>
<td>• Adapt teaching methods and instructional materials to meet students’ varying needs and interests</td>
<td>• Skill in teaching others how to do something</td>
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<tr>
<td></td>
<td>• Establish and enforce rules for behavior and procedures for maintaining order among students</td>
<td>• Skill in selecting and using instructional methods and procedures appropriate for the situation</td>
</tr>
<tr>
<td><strong>Facilities Manager</strong></td>
<td>• Supervise work activities of personnel to ensure clean facilities</td>
<td>• Knowledge of personnel recruitment, selection, training, benefits, and labor relations policies</td>
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<tr>
<td></td>
<td>• Purchase housekeeping and maintenance supplies and equipment, screen applicants, and train new employees</td>
<td>• Ability to motivate, develop, and direct people as they work</td>
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<tr>
<td></td>
<td>• Inspect grounds, facilities, and equipment routinely to determine maintenance and repair needs</td>
<td>• Skills in time management and coordinating the activities of others</td>
</tr>
<tr>
<td><strong>Registered Nurse</strong></td>
<td>• Administer nursing care to patients</td>
<td>• Knowledge of the information and techniques required to diagnose and treat human injuries and diseases</td>
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<tr>
<td></td>
<td>• Monitor all aspects of patient care, including diet and physical activity</td>
<td>• Ability to make independent judgments based on relevant information</td>
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<tr>
<td></td>
<td>• Monitor, record, and report symptoms and changes in patients’ conditions</td>
<td>• Skill in being sensitive to others’ needs and feelings and being understanding and helpful on the job</td>
</tr>
</tbody>
</table>

**ACTION STEP**

Do you see a pattern in these occupations? Try highlighting any KSAs or words or phrases that particularly appeal to you. You will probably see some trends emerge.
**ADDITIONAL OCCUPATIONS TO EXPLORE**

The occupations listed in the preceding table were suggested because they match both your Strong interests and your MBTI preferences. There are many other occupations that may also be a good fit for your combined results, or for just one of the assessments. Some of them are listed here.

<table>
<thead>
<tr>
<th>OCCUPATIONS TO EXPLORE</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Advertising Account Manager</td>
<td>Photographer</td>
</tr>
<tr>
<td>Bartender</td>
<td>Psychologist</td>
</tr>
<tr>
<td>Career Counselor</td>
<td>Rehabilitation Counselor</td>
</tr>
<tr>
<td>Cosmetologist</td>
<td>Religious/Spiritual Leader</td>
</tr>
<tr>
<td>Editor</td>
<td>School Counselor</td>
</tr>
<tr>
<td>Elementary School Teacher</td>
<td>Social Worker</td>
</tr>
<tr>
<td>Graphic Designer</td>
<td>Speech Pathologist</td>
</tr>
<tr>
<td>Marketing Manager</td>
<td>Training &amp; Development Specialist</td>
</tr>
<tr>
<td>Middle School Teacher</td>
<td>University Administrator</td>
</tr>
<tr>
<td>Paralegal</td>
<td>University Faculty Member</td>
</tr>
</tbody>
</table>

Don't be discouraged if the career field or occupation you are considering does not appear on one of your lists. Some people are successful in careers that are not typical for their interest patterns and personality types.

- Try looking at the broader patterns represented by these occupations rather than just at the titles. You may see that certain skill clusters or interest areas emerge.
- You might want to speak with a career professional to explore the unique perspective you could bring to your work, or to head off any stress that might arise as a result of your career choice.

**ACTION STEPS**

As you consider the occupations suggested by your Strong and MBTI results, think about how each one fits with your interests and personality. Ask yourself:

- Will this career allow me to explore new ideas and possibilities that will help me and others develop?
- Will I have the opportunity to work with a cooperative, supportive group of people who are committed to helping, nurturing, and caring for others?
- Will I be appreciated for my ability to motivate others?

Consider the patterns and trends that emerged from your occupational lists, or think about how the occupations might differ.

- Are there any skills that are common to almost all of the occupations?
- Can you narrow your choices to those that best fit your personality and current interests?
CAREER DEVELOPMENT STRATEGIES

People take the Strong and MBTI assessments for many different reasons.

• Some are looking for a good match to start their career.
• Some are considering a career change.
• Some are looking for ways to make their current job more interesting.
• Some are trying to bring more balance into their life.

The activities that follow will help you use your Strong and MBTI results to make effective decisions in managing your career.

ARE YOU LOOKING FOR A GOOD MATCH TO START YOUR CAREER?

Students and people who are entering the job market for the first time often take the Strong inventory and the MBTI assessment to guide them in a career direction that will be interesting and fulfilling. If this is true for you, be sure to consider entry positions that are a good fit for your Strong Theme and MBTI preferences. For each career direction you are considering, ask yourself:

- Is this a cooperative environment that is open to new ideas focusing on people’s best interests?
- Is this an environment in which interacting with people and motivating others are rewarded?
- Will I be required to focus on precise facts and details, or to spend more time on bottom-line practicality than I like?

If you answered “yes” to the first two questions, you are probably considering a career or occupation that is a good fit for your ENFP preferences.

The third question is a heads-up: Work often includes tasks that are not very appealing. But it is important that such tasks don’t take up the majority of your work time.

You will also want your first career position to be a good match for your interests in the Strong Social Theme.

- Is this work environment more collaborative and supportive than competitive and product driven?
- Would I spend more time helping and empowering people than producing tangible results?
- Would this job allow me to focus on building relationships and creating community?

If you answered “no” to any of these questions, try to find a work environment that is a closer fit with your Social Theme.
ARE YOU CONSIDERING A CAREER CHANGE?

People who take the Strong inventory or the MBTI assessment often do so because they feel some degree of career dissatisfaction. If this is true for you, it may be that your work is not a good fit for your MBTI type. Check the following statements that apply to you.

☐ I work in an environment that is slow to accept new ideas or that requires me to do things that may be efficient but are not necessarily in the best interest of others.

☐ I work in an environment where precision and accuracy are rewarded more than cooperating with others to achieve common goals.

☐ I am required to focus on facts and details, or to spend too much time on bottom-line practicality.

If you checked any of these statements, you probably would be more satisfied in a career that allows you to focus on the big picture and to deal directly with possibilities for people.

It is also possible that you are working in an environment that is not a good match for your interests in the Social Theme. Check the following statements that apply to you.

☐ I work in an environment that is more competitive and product driven than collaborative and supportive.

☐ I spend more time producing tangible results than helping and empowering people.

☐ My job doesn’t allow me to focus on building relationships and community.

If you checked any of the six statements above, consider talking with a career professional about ways to incorporate more of your MBTI preferences into your work or about finding a work environment that is a closer fit with the Strong Theme you find most appealing.
DO YOU LIKE MOST OF WHAT YOU DO AT WORK BUT SOMETIMES WISH YOUR JOB COULD BE MORE INTERESTING?

As people mature and acquire work experience, it is quite common for them to begin to find appealing work tasks that are not typical for their personality type. If this is true for you, you might want to consider:

- Doing research or collecting data that will contribute to your vision
- Measuring the impact on people of programs and policies that are important to you
- Writing proposals or applying for grants that will support what you believe in

It may also be that particular characteristics of Themes other than Social appeal to you more than they used to. Consider your secondary Artistic Theme first, and then the others:

- **Artistic**—Creating, composing, writing, performing, designing, conceptualizing; working in an environment that is self-expressive, unstructured, and flexible
- **Realistic**—Building, repairing, using tools; working in an environment that is product driven, structured, and hands-on
- **Enterprising**—Persuading, selling, debating ideas, leading; working in an environment that is business oriented, entrepreneurial, and fast paced
- **Investigative**—Analyzing, solving problems, designing; working in an environment that is research oriented, scientific, and scholarly
- **Conventional**—Organizing, managing information, planning events; working in an environment that is structured, hierarchical, and predictable

Highlight any portions of the above statements that seem interesting to you, and consider how to use these interests to enrich the work you are already doing.
WOULD YOU LIKE MORE BALANCE BETWEEN WORK AND OTHER AREAS OF YOUR LIFE?

Although very important and the major focus of this report, work is only one part of who we are. ENFP types often find a great deal of satisfaction in the following:

- Taking classes in psychology, philosophy, and the arts
- Developing their spirituality and expanding their journey of self-discovery
- Performing music and acting
- Socializing with friends and family

The Strong Basic Interest Scales also suggest areas that might be interesting to explore outside of work. Consider your five highest BISs and how you could activate them in leisure and volunteer activities, or by continuing your education.

- **Social Sciences** — Being a teaching assistant in a college or university; experiencing and studying different cultures; volunteering at a local historic site or museum; reading about changes in society; taking classes in sociology, psychology, or anthropology
- **Nature & Agriculture** — Gardening; hiking; camping; fishing; participating in community gardening projects; training animals; reading publications about the outdoors; watching nature programs on television; taking classes in agribusiness, ecology, animal science, or forestry
- **Counseling & Helping** — Volunteering at a counseling and/or crisis center; staffing a suicide prevention hotline; helping out in a special education classroom; reading self-help books; watching television talk shows; taking classes in psychology or counseling
- **Visual Arts & Design** — Taking or printing photographs; painting; making and posting videos; producing a newsletter for a group to which you belong; reading about art, architecture, or design; watching television programs about home decorating; taking classes in photography, commercial art, drawing, or public relations
- **Research** — Using computers; surfing the Web; designing experiments and research projects; being a university research assistant; reading academic journals; watching science programs on television; taking classes in the physical and biological sciences

If any of these suggestions appeal to you, consider exploring how you might use them to enrich your life and enjoy new activities during your leisure time.
SUCCESSFUL CAREER EXPLORATION AND CHANGE

Everyone approaches career exploration and change differently. Your score on the Strong Risk Taking Personal Style Scale and your MBTI type may help you understand your unique approach.

RISK TAKING + THINKING–FEELING AND JUDGING–PERCEIVING

Your Strong Risk Taking score and your MBTI preference for Feeling and Perceiving suggest that:

- You are comfortable taking risks
- Your willingness to take risks may depend on whether you can achieve an important value by doing so
- You may be willing to try a completely different career field if you are convinced that it will be a better fit with your values
- You may be willing to take risks if those close to you do so as well

STAYING MOTIVATED

Your Social Theme suggests that there may be times when the career exploration process seems too impersonal to you. It may require you to be more objective and reflective than you like. To keep yourself motivated,

- Try to find a group of people with whom you can network, who can provide support and direction; find new social media sites for posting your profile
- Talk to as many people as possible who work in occupations related to your interests, and share your feelings about careers with family and friends
- Ask your friends for objective feedback, so that you don’t get sidetracked by the needs of others when you make your career decision

Be sure to capitalize on your ENFP strengths to help you get past any roadblocks that get in your way:

- Use your Extraversion to discuss each stage of the career exploration process, move to action, network, and fine-tune your interviewing skills. But don’t overlook the importance of reflecting on each step you take.
- Use your Intuition to explore new opportunities that arise during your career search. But be sure to collect all the necessary facts about your alternatives and find out how others have managed this process, too.
- Use your Feeling to determine how well a job matches your personal values—how you feel about each alternative, or how others might be affected by your decision. But don’t forget to objectively examine the logical consequences of each alternative as well.
- Use your Perceiving to stay open to new possibilities that may develop along the way. But be careful to structure your activities, set goals, and establish timelines to stay focused, even though it may take extra effort to do it.
NEXT STEPS

Career tools such as the Strong and MBTI assessments can’t answer all your career questions by themselves. They are meant to serve as a starting point in your exploration. You may find the following suggestions helpful:

• First, maximize the value of this report by looking for trends in your results and reviewing all the phrases you highlighted.

• Review your Strong Profile and your original MBTI results. What did you highlight there?

• Make a note here of the highlighted phrases that best describe you.

• Talk to a career professional about any questions you still have about your Strong and MBTI results, and see if there are any other assessments you might want or need to take.

• Research the career fields and occupations suggested in this report at http://www.onetonline.org or http://www.bls.gov/ooh/.

• Visit your library or university career center and read about suggested occupations in the Occupational Outlook Handbook or other references available there.

• Find people who are familiar with the occupations that interest you. Conduct informational interviews with them, keeping your MBTI type preferences and Strong results in mind as you explore your options.

You may also find these Strong and MBTI interpretation booklets helpful:

• Where Do I Go Next? explains Strong-related interests, values, skills, and motivators, and the role they play in career decision making.

• Introduction to Type® and Careers presents career fields and occupations that attract persons who share your MBTI type.

The final step of your career exploration will be to look for job openings in the occupations that are on your list and to begin the application process. Check in with your career professional or job seekers group often to make sure you stay motivated and on target. Good luck as your career continues to unfold and develop!