

## About Us





## Agenda









Characteristics of Effective Teams

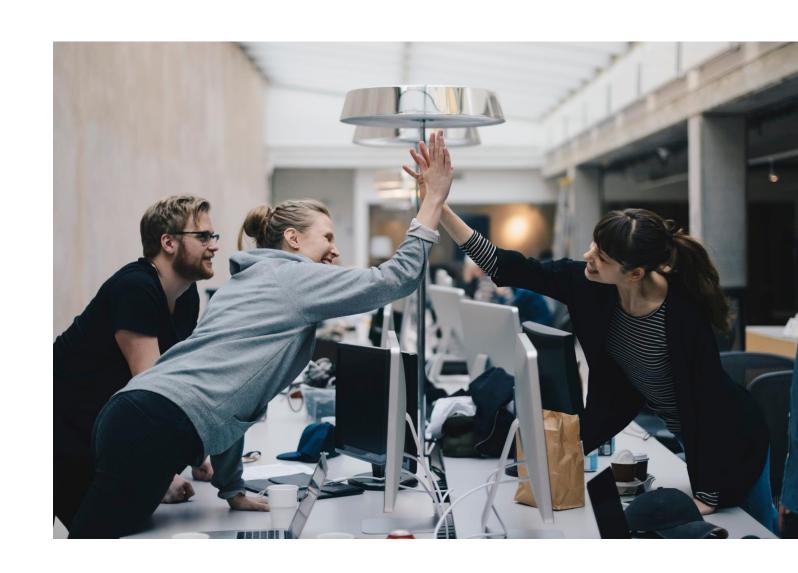
Why Teamwork Breaks Down

Tips for Making Teams Work Leading Virtual Teams



## **Teams**

Two or more individuals interacting dynamically, interdependently, and adaptively toward a common goal





## Teams

$$1 + 1 = 3$$







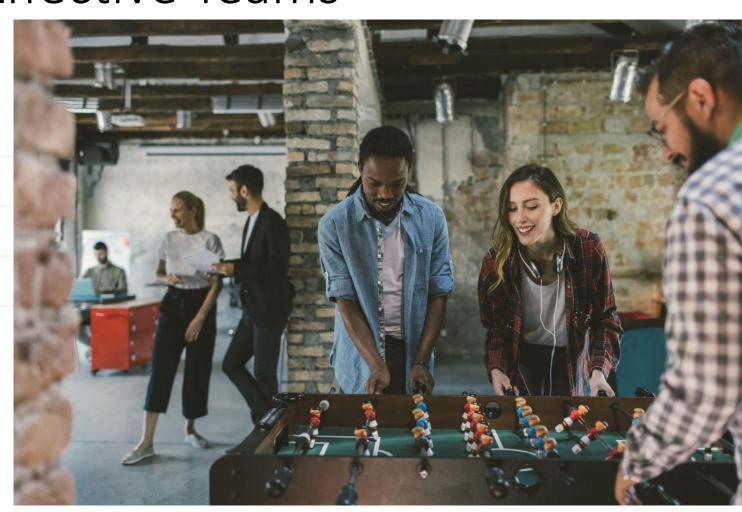
#### People also ask :

What are 5 characteristics of an effective team?

What are the 7 characteristics of effective teams?

What are the six characteristics of effective teams?

What are the 8 characteristics of effective teams?





**14** Characteristics of High Performing Teams

Forbes - 2020





**5** Characteristics of High Performing Teams

Forbes - 2021









Clear goals

Appropriate talent



O

Good interpersonal relationships

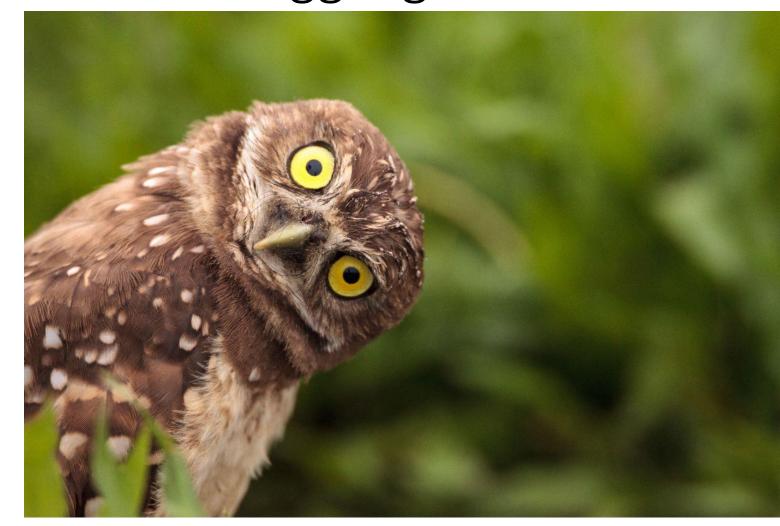
Can solve problems





## Where do you see teams struggling?

- Setting clear goals
- Gathering people with the necessary skills
- Building and maintaining good relationships
- Solving problems effectively





### Effective Teamwork

Coordination

Communication

Adaptability





#### Effective Teamwork

#### Attitude Competencies

- Cohesion
- Commitment to teamwork
- Trust
- Psychological safety
- Collective efficacy

# Behaviour Competencies

- Coordination
- Communication
- Conflict resolution
- Shared leadership
- Backup behavior

# **Cognition Competencies**

- Situation awareness
- Transactive memory systems
- Shared mental models



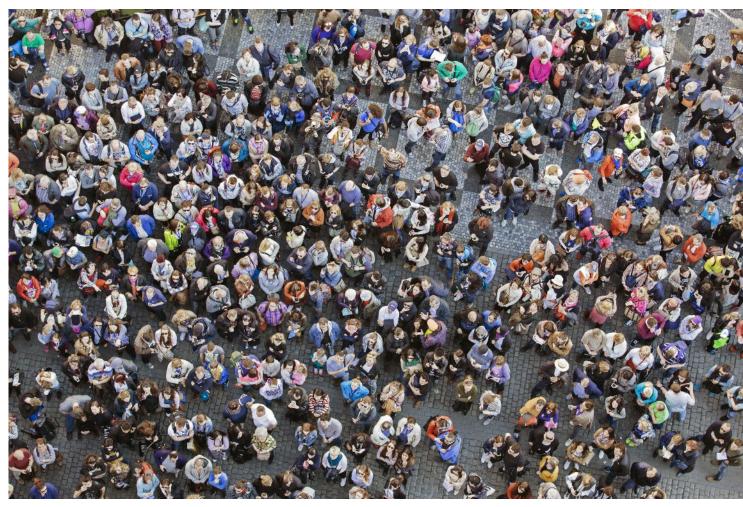
Lacerenza, C. N., Marlow, S. L., Tannenbaum, S. I., & Salas, E. (2018). Team development interventions: Evidence-based approaches for improving teamwork. *American Psychologist*, 73(4), 517–531.

# Why Teamwork Breaks Down

**Individuals** 

Leaders

Organizations





### Team Members

Surface-level

VS

Deep-level





### Team Leaders

**Transactional** 

**Avoid Conflict** 

Don't provide feedback





## Organizations

Bad conditions trump potential





## Tips for Making Teams Work

Me to Us

Hierarchy to Team

"Like creativity, collaboration is a habit... Collaboration may be a practice – a way of working in harmony with others, but it begins with a point of view" Twyla Tharp



## Tips for Team Members

Feedback & Self-Awareness

Interpersonal skills

Coordinate, Collaborate, Adapt





#### Focus on the ABC's



Attitudes – what we believe; how we feel



Behaviors – how we act



Cognitions – what we know



## Tips for Team Leaders

Feedback & Self-Awareness

#### **Leadership Training**

- How to provide constructive feedback
- How to handle team member conflict
- Transformational Leadership





## Tips for Teams

- 1. Identify gaps
- 2. Targeted training
- 3. Team Debriefs





## Effective Team Development Initiatives

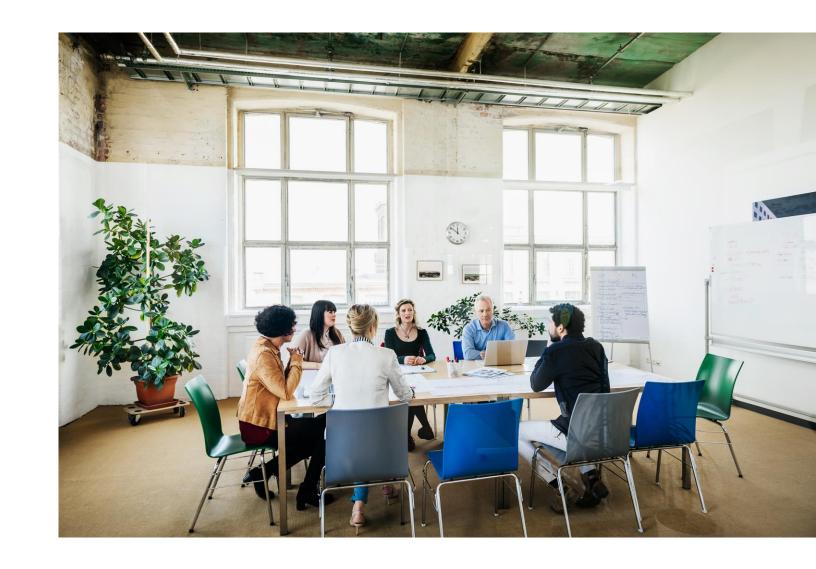
- Focus on team-relevant needs
- Respond to current or future needs
- Active engagement of team members
- Has direct impact on needs that occur in the team's life span
- Systematically and strategically implemented



#### Team Debriefs

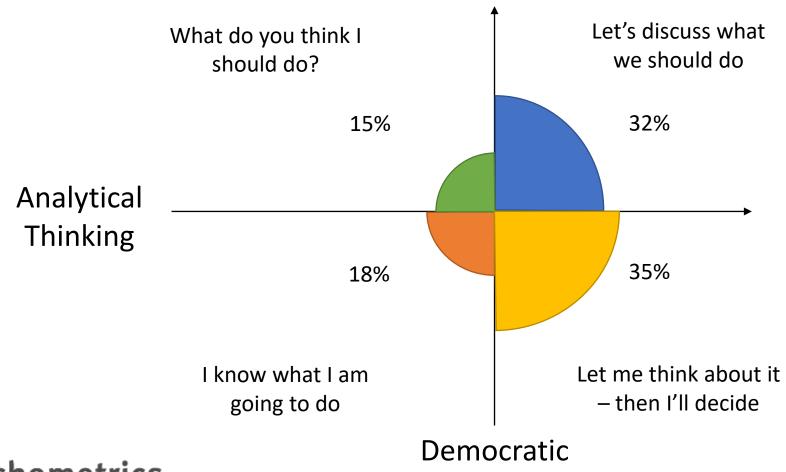
+ 20% to 25%

- 1. What went well?
- 2. What could have gone better?
- 3. What should we do differently in the future?





## Problem Solving



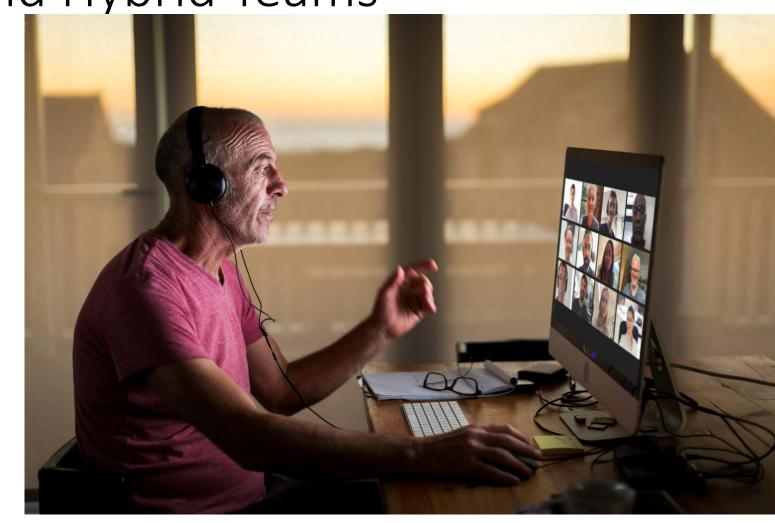


Leading Virtual and Hybrid Teams

Establish norms

People are people

Let the work dictate the mix





#### Effective Teams







Teams that collaborate, coordinate and adapt

Team members with interpersonal skills

Team leaders with feedback and conflict resolution skills



## Q & A



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