



FIRO-B[®]

Interpretive Report for Organizations

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Report prepared for
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June 17, 2026



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INTRODUCTION

The purpose of this report is to show how your results from the FIRO-B® assessment can help you understand your behavior and the behavior of others in your organization. Information from the FIRO-B tool can help you maximize the impact of your actions, identify options for increasing your job satisfaction and productivity, and explore alternative ways to achieve your goals. This report provides an explanation of your results and then considers how your results can help you:

- Plan your career development
- Increase your job satisfaction
- Improve your effectiveness on teams
- Identify the strengths and weaknesses of your leadership style

As you read through this report, keep in mind that all instruments have limitations. The FIRO-B instrument is not a comprehensive personality test; it focuses on how you are oriented to interpersonal relations. Results should not be used to make a judgment about whether any behavior or any person is good or bad. The FIRO-B assessment is a measure of interpersonal needs, not a test of abilities, career interests, or success. Finally, you should avoid making a major decision based on the results of only one instrument.

The FIRO-B tool measures your interpersonal needs in three areas.

INCLUSION [I]

The need for Inclusion relates to forming new relations and associating with others; it determines the extent of contact and prominence that a person seeks. Descriptors include:

- belonging
- involvement
- participation
- recognition
- distinction

CONTROL [C]

The need for Control relates to decision making, influence, and persuasion between people; it determines the extent of power or dominance that a person seeks. Descriptors include:

- power
- authority
- influence
- responsibility
- consistency

AFFECTION [A]

The need for Affection relates to emotional ties and warm connections between people; it determines the extent of closeness that a person seeks. Descriptors include:

- personal ties
- consensus
- sensitivity
- support
- openness

For each of the three interpersonal needs—Inclusion, Control, and Affection—the FIRO-B instrument also provides a measure of how much each need is *expressed* or *wanted* by you.

EXPRESSED [e]

The extent to which you will initiate the behavior.

WANTED [w]

The extent to which you want or will accept that behavior from others.

YOUR FIRO-B® RESULTS

	INCLUSION	CONTROL	AFFECTION	
EXPRESSED	Expressed Inclusion [eI]	Expressed Control [eC]	Expressed Affection [eA]	TOTAL EXPRESSED BEHAVIOR
	7	2	9	18
WANTED	Wanted Inclusion [wI]	Wanted Control [wC]	Wanted Affection [wA]	TOTAL WANTED BEHAVIOR
	7	2	9	18
	TOTAL NEED FOR INCLUSION	TOTAL NEED FOR CONTROL	TOTAL NEED FOR AFFECTION	OVERALL INTERPERSONAL NEEDS
	14	4	18	36

Factors That Can Influence Results

The following sections provide an interpretation of your FIRO-B results and show how they can be applied to help you understand your behavior in an organization. However, as you think about the meaning of your results, keep in mind that a number of extraneous factors may have affected how you responded to the FIRO-B items. Try to determine whether any of these may have influenced your results:







- Life events that lead to intense self-reflection or withdrawal from others (this will alter all of your results, but especially your need for Wanted Inclusion)
- Cultural differences affecting the expression of needs
- Misunderstanding the terms
- Consciously trying to avoid extreme responses (which usually results in a majority of results in the medium range)
- Pressure from your environment to express certain behaviors

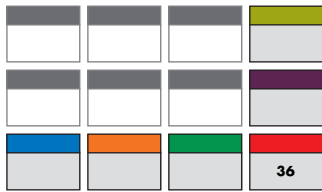
INTERPRETATION OF YOUR FIRO-B® RESULTS

7	2	9	
7	2	9	

Your Individual Needs

Each of the six individual needs can be defined by statements about characteristic behaviors, as shown in the table below. Your results for the six individual needs are estimates of how much each of the interpersonal dimensions is characteristic of you.

Characteristic Behavior	Your Results	What Your Results Indicate
<p>Expressed Inclusion [eI] I make an effort to include others in my activities. I try to belong, to join social groups, and to be with others as much as possible.</p>	 <p>LOW MED HIGH</p>	<p>Your result of 7 suggests that you will usually agree with these statements and probably enjoy having a steady amount of interpersonal contact at work.</p>
<p>Wanted Inclusion [wI] I want other people to include me in their activities and to invite me to belong. I enjoy it when others notice me.</p>	 <p>LOW MED HIGH</p>	<p>Your result of 7 suggests that you will usually agree with these statements and enjoy having others seek out your input and offer you a chance for a higher profile.</p>
<p>Expressed Control [eC] I try to exert control and influence over things. I enjoy organizing things and directing others.</p>	 <p>LOW MED HIGH</p>	<p>Your result of 2 suggests that you will usually disagree with these statements and avoid providing too much structure and direction for others.</p>
<p>Wanted Control [wC] I feel most comfortable working in well-defined situations. I try to get clear expectations and instructions.</p>	 <p>LOW MED HIGH</p>	<p>Your result of 2 suggests that you will usually disagree with these statements and often seek a high degree of autonomy to do your work.</p>
<p>Expressed Affection [eA] I make an effort to get close to people. I am comfortable expressing personal feelings, and I try to be supportive of others.</p>	 <p>LOW MED HIGH</p>	<p>Your result of 9 suggests that you will usually agree with these statements and that you provide a lot of warmth, encouragement, and support for others at work.</p>
<p>Wanted Affection [wA] I want others to act warmly toward me. I enjoy it when people share their feelings with me and when they encourage my efforts.</p>	 <p>LOW MED HIGH</p>	<p>Your result of 9 suggests that you will usually agree with these statements and will be happiest when others around you are warm, supportive, and openly encouraging.</p>

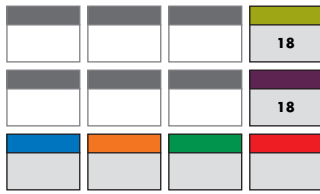


Your Overall Interpersonal Needs

The indicator of your Overall Interpersonal Needs is the total of all six individual needs (eI + wI + eC + wC + eA + wA). This result represents the overall strength of your interpersonal needs; it shows how much you believe that other people and human interaction can help you attain your goals and achieve personal satisfaction.

Your indicator of Overall Interpersonal Needs is 36, which falls in the medium-high range. This suggests that:

- Your involvement with others is usually a source of satisfaction, but relationships may become frustrating and interfere with your job
- When interacting with others, you work best with small groups and with regular contacts
- You probably enjoy work that involves opportunities to gather input from others but you do not rely on them for decision making or implementation
- You prefer to work with others but occasionally need time alone to think and reflect
- You probably consider yourself more extroverted than introverted



Your Total Expressed and Total Wanted Behaviors

Your result for Total Expressed Behavior ($eI + eC + eA$) indicates how often you take the initiative in approaching others to fulfill the three basic interpersonal needs. In general, it shows how comfortable you are being proactive.

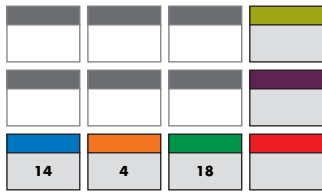
Your result of 18 on Total Expressed is in the medium range, which suggests that you vary in the extent to which you initiate action or work proactively with others; it seems to depend on exactly who the other person or persons are and the context in which you work.

Your result for Total Wanted Behavior ($wI + wC + wA$) indicates how much you rely on others to get what you need. In general, it shows how comfortable you are being reactive or responsive.

Your result of 18 on Total Wanted is in the medium range, which suggests that you vary in the extent to which you are comfortable being reactive to and reliant on others; it seems to depend on exactly who the other person or persons are and the context in which you work.

Your results for Total Expressed and Total Wanted Behaviors are best interpreted in relation to each other, since they explain the general pattern of how you go about satisfying interpersonal needs.

Your Total Wanted Behavior score is equal to your Total Expressed Behavior score. This suggests that you try to keep social behaviors in balance. You express behaviors only when you are fairly sure how others will respond. You probably take pride in the fact that you can respond flexibly across very different types of social situations. You are confident that if you want something from others, you will be able to get it.



Your Total Needs

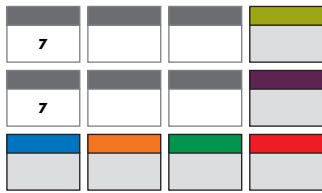
Your Total Need results reflect the overall strength of each need, or how much you seek to satisfy each of these needs in interpersonal situations.

The need with the highest score is the one you feel most comfortable pursuing. You will probably return again and again to situations that offer opportunities for you to satisfy this need. This need is also the one you are least willing to sacrifice. Your results show that your greatest Total Need is for Affection.

In a new situation you are likely to focus on finding people you can trust and establishing relationships with them, exchanging genuine reactions and opinions with others, establishing a meaningful role for yourself in the organization, and building loyalty. Once you have met some of your needs for Affection, you may then concentrate on satisfying or expressing your needs for Inclusion and Control.

The need with the lowest score is the one you are most willing to give up; over time, you may drift away from situations that provide opportunities for you to fulfill this need. Because Control is your lowest priority, you won't be much concerned about order and structure until your needs for Inclusion and Affection are satisfied.

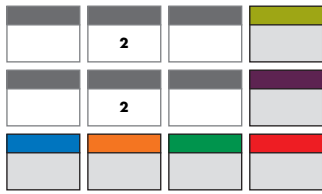
PATTERNS



Your Patterns of Need Fulfillment for Inclusion

Your results on Expressed Inclusion (7) and Wanted Inclusion (7) suggest that the following pattern of behaviors may describe you.

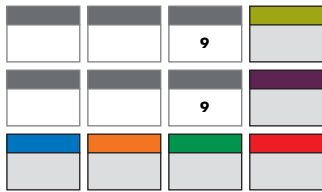
- You include others and like to be included.
- You enjoy the opportunity to provide input.
- You don't like to get cut off from information and updates.
- You seek recognition and endorsement from colleagues and superiors.
- You do not make much distinction between work and social gatherings.
- You organize social activities with your business associates.
- You withdraw first if you sense a possibility of being rejected by others.



Your Patterns of Need Fulfillment for Control

Your results on Expressed Control (2) and Wanted Control (2) suggest the following pattern of behaviors.

- You would prefer not to make important decisions.
- You don't want to be closely supervised.
- You may be stubborn and rebellious if you feel that others are trying to control you.
- You think of yourself as self-sufficient.
- You may be hesitant to ask for help or acknowledge difficulties.
- You want to move at your own speed.
- You prefer to work on projects that are not politicized.

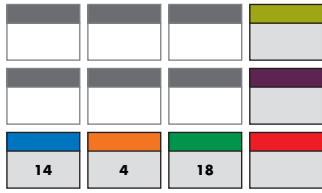


Your Patterns of Need Fulfillment for Affection

Your results on Expressed Affection (9) and Wanted Affection (9) suggest that you may characteristically display the following pattern of behaviors.

- You are friendly, open, and optimistic.
- You value trustworthiness.
- You may have difficulty turning others away or controlling interruptions at work.
- You prefer to motivate others by praise and support and are best motivated in the same way.
- You may enjoy resolving conflicts and negotiating.
- You may feel sad when group projects involving regular contact with colleagues end.

YOUR CAREER DEVELOPMENT



Knowing your interpersonal needs can help you evaluate career opportunities, whether you are considering a new career or are seeking to improve your satisfaction with your current position. You can evaluate any opportunity by considering how well it matches your interpersonal needs.

Your Total Need for Inclusion (14) falls in the high range; this suggests that you will be more satisfied with jobs in which:

- You have a lot of opportunity to interact with others
- There are multiple pathways for achieving recognition and status
- The organization tries to involve its employees in decision making
- The organization rewards teamwork

Your Total Need for Control (4) falls in the low range; this suggests that you will be more satisfied with jobs in which:

- You have plenty of autonomy and flexibility
- Rules and procedures are flexible and accommodating to special situations
- There is little pressure to make quick decisions or to show immediate improvements
- Jumping in and trying your best on a task is more important than spending time setting goals, deadlines, or standards

Your Total Need for Affection (18) falls in the high range; this suggests that you will be more satisfied with jobs in which:

- The organizational climate is characterized by warmth and personal interest in employees
- Encouragement and cooperation are welcomed by and freely exchanged between employees
- The organization tries to make the workplace a home away from home
- The organization attempts to be flexible and to support the personal lives of the employees

IMPROVING YOUR TEAM EFFECTIVENESS

7	2	9	
7	2	9	

How effective you are as a member of a team or an organization is partly a function of how flexible you are. Your interpersonal needs may lead you to certain patterns of behavior that are currently limiting your potential effectiveness. Although it is necessary to find ways to express your needs, you may be able to increase your effectiveness if you do not engage in those patterns exclusively. The questions below may help you become more flexible.

Team Effectiveness and Inclusion

Your need for Expressed Inclusion (7) is high. Ask yourself:

- Do I give others a chance to contribute at a level they are comfortable with, or do I pressure them for contributions?
- Do I really need more input from others, or do I know enough to proceed?
- Should I recognize my shy colleague’s achievements privately rather than publicly?

Your need for Wanted Inclusion (7) is high. Ask yourself:

- Am I frequently expecting others to seek my input?
- Are there ways I can more directly show others that I want to be included in a project?
- Can I allow others to get as much attention as I enjoy getting?

Team Effectiveness and Control

Your need for Expressed Control (2) is low. Ask yourself:

- Am I avoiding the risk of taking on this new task just because I am not familiar with it?
- Can I increase the reliability and consistency of my work?
- Can I structure activities so that team members can set priorities?

Your need for Wanted Control (2) is low. Ask yourself:

- Have I involved those whose expertise is necessary to make this project succeed?
- Am I showing resistance as a way to express my need for independence, or because there are real problems that haven't been solved yet?
- Have I clarified all the instructions I need to help me complete this task?

Team Effectiveness and Affection

Your need for Expressed Affection (9) is high. Ask yourself:

- Can I intrude less on others?
- Would my colleagues prefer to know less about my personal concerns?
- Do I defer to others at the price of expressing my own opinion?

Your need for Wanted Affection (9) is high. Ask yourself:

- How can I learn to reassure myself rather than relying on others for support?
- Do I expect a personal relationship with my subordinates?
- Am I too dependent on feedback about my work?

LEADERSHIP

7	2	9	
7	2	9	

Because your highest Expressed need represents the social arena where you feel more comfortable taking action, this result predicts which “face” you show first to a group. This need will also probably shape the foundation of your leadership style.

Your highest Expressed need is for Affection. This suggests that you will strive to be a leader who:

- Focuses on developing human resources
- Strives to increase and maintain employee satisfaction
- Encourages and supports others
- Minimizes conflict
- Gains legitimacy through personal commitment and loyalty
- Enjoys being liked and warmly regarded by followers
- Wants to serve and nurture
- Reassures and makes others comfortable
- Invites feedback
- Reverses honest communication

Your lowest Expressed need is the area where you feel least comfortable taking action. Therefore, you are not as likely to use the leadership style associated with this need; when you do, you are less likely to make a good impression on subordinates. Your lowest Expressed need is for Control. You may, therefore, get complaints about lacking direction and not being firm. Your followers may also want more visible action from you.

