Strong Interest Inventory®
Profile with Skills Confidence Inventory Profile

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Report prepared for

J. SAMPLE

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HOW THE STRONG CAN HELP YOU

The *Strong Interest Inventory*® instrument is a powerful tool that can help you make satisfying decisions about your career and education. Whether you are just starting out in your career, thinking about a change, or considering education options for career preparation, you can benefit from the wealth of information reflected in your *Strong* results. Understanding your *Strong* Profile can help you identify a career focus and begin your career planning and exploration process.

Keep in mind that the *Strong* measures interests, not skills or abilities, and that the results can help guide you toward rewarding careers, work activities, education programs, and leisure activities—all based on your interests. As you review your Profile, remember that managing your career is not a one-time decision but a series of decisions made over your lifetime.

HOW YOU WILL BENEFIT

The *Strong* can be a valuable tool in helping you identify your interests, enabling you to

- Achieve satisfaction in your work
- Identify career options consistent with your interests
- Choose appropriate education and training relevant to your interests
- Maintain balance between your work and leisure activities
- Understand aspects of your personality most closely associated with your interests
- Determine your preferred learning environments
- Learn about your preferences for leadership, risk taking, and teamwork
- Use interests in shaping your career direction
- Decide on a focus for the future
- Direct your own career exploration at various stages in your life

HOW YOUR RESULTS ARE ORGANIZED

Section 1. General Occupational Themes
Describes your interests, work activities, potential skills, and personal values in six broad areas: Realistic (R), Investigative (I), Artistic (A), Social (S), Enterprising (E), and Conventional (C).

Section 2. Basic Interest Scales
Identifies specific interest areas within the six General Occupational Themes, indicating areas likely to be most motivating and rewarding for you.

Section 3. Occupational Scales
Compares your likes and dislikes with those of people who are satisfied working in various occupations, indicating your likely compatibility of interests.

Section 4. Personal Style Scales
Describes preferences related to work style, learning, leadership, risk taking, and teamwork, providing insight into work and education environments most likely to fit you best.

Section 5. Profile Summary
Provides a graphic snapshot of Profile results for immediate, easy reference.

Section 6. Response Summary
Summarizes your responses within each category of *Strong* items, providing data useful to your career professional.

Note to professional: Check the Response Summary in section 6 of the Profile before beginning your interpretation.

GENERAL OCCUPATIONAL THEMES

SECTION 1

The General Occupational Themes (GOTs) measure six broad interest patterns that can be used to describe your work personality. Most people's interests are reflected by two or three Themes, combined to form a cluster of interests. Work activities, potential skills, and values can also be classified into these six Themes. This provides a direct link between your interests and the career and education possibilities likely to be most meaningful to you.

Your *standard scores* are based on the average scores of a combined group of working adults. However, because research shows that men and women tend to respond differently in these areas, your *interest levels* (Very Little, Little, Moderate, High, Very High) were determined by comparing your scores against the average scores for your gender.

THEME DESCRIPTIONS

THEME	CODE	INTERESTS	WORK ACTIVITIES	POTENTIAL SKILLS	VALUES
Conventional	C	Organization, data management, accounting, investing, information systems	Setting up procedures and systems, organizing, keeping records, developing computer applications	Ability to work with numbers, data analysis, finances, attention to detail	Accuracy, stability, efficiency
Social	S	People, teamwork, helping, community service	Teaching, caring for people, counseling, training employees	People skills, verbal ability, listening, showing understanding	Cooperation, generosity, service to others
Investigative	I	Science, medicine, mathematics, research	Performing lab work, solving abstract problems, conducting research	Mathematical ability, researching, writing, analyzing	Independence, curiosity, learning
Realistic	R	Machines, computer networks, athletics, working outdoors	Operating equipment, using tools, building, repairing, providing security	Mechanical ingenuity and dexterity, physical coordination	Tradition, practicality, common sense
Artistic	A	Self-expression, art appreciation, communication, culture	Composing music, performing, writing, creating visual art	Creativity, musical ability, artistic expression	Beauty, originality, independence, imagination
Enterprising	E	Business, politics, leadership, entrepreneurship	Selling, managing, persuading, marketing	Verbal ability, ability to motivate and direct others	Risk taking, status, competition, influence

YOUR HIGHEST THEMES

Conventional, Social, Investigative

YOUR THEME CODE

CSI

THEME	CODE	STANDARD SCORE & INTEREST LEVEL (30 40 50 60 70)	STD SCORE
Conventional	C	HIGH	63
Social	S	HIGH	60
Investigative	I	HIGH	59
Realistic	R	MODERATE	53
Artistic	A	MODERATE	49
Enterprising	E	MODERATE	48

The charts above display your GOT results in descending order, from your highest to least level of interest. Referring to the Theme descriptions provided, determine how well your results fit for you. Do your highest Themes ring true? Look at your next highest level of interest and ask yourself the same question. You may wish to highlight the Theme descriptions above that seem to fit you best.

BASIC INTEREST SCALES

SECTION 2

The Basic Interest Scales represent specific interest areas that often point to work activities, projects, course work, and leisure activities that are personally motivating and rewarding. As with the General Occupational Themes, your interest levels (Very Little, Little, Moderate, High, Very High) were determined by comparing your scores against the average scores for your gender.

As you review your results in the charts below, note your top interest areas and your areas of least interest, and think about how they relate to your work, educational, and leisure activities. Take time to consider any top interest areas that are not currently part of your work or lifestyle and think about how you might be able to incorporate them into your plans.

YOUR TOP FIVE INTEREST AREAS

1. Taxes & Accounting (C)
2. Mathematics (I)
3. Athletics (R)
4. Teaching & Education (S)
5. Office Management (C)

Areas of Least Interest

Entrepreneurship (E)

Writing & Mass Communication (A)

Human Resources & Training (S)

CONVENTIONAL — High

BASIC INTEREST SCALE	STD SCORE & INTEREST LEVEL (30 40 50 60 70)	STD SCORE
Taxes & Accounting	VH	70
Office Management	VH	60
Finance & Investing	M	53
Programming & Information Systems	M	50

SOCIAL — High

BASIC INTEREST SCALE	STD SCORE & INTEREST LEVEL (30 40 50 60 70)	STD SCORE
Teaching & Education	VH	64
Healthcare Services	H	58
Social Sciences	M	57
Counseling & Helping	M	55
Religion & Spirituality	M	50
Human Resources & Training	M	47

INVESTIGATIVE — High

BASIC INTEREST SCALE	STD SCORE & INTEREST LEVEL (30 40 50 60 70)	STD SCORE
Mathematics	VH	69
Research	M	56
Science	M	56
Medical Science	M	54

REALISTIC — Moderate

BASIC INTEREST SCALE	STD SCORE & INTEREST LEVEL (30 40 50 60 70)	STD SCORE
Athletics	VH	69
Protective Services	H	61
Military	M	59
Mechanics & Construction	M	56
Nature & Agriculture	M	52
Computer Hardware & Electronics	M	50

ARTISTIC — Moderate

BASIC INTEREST SCALE	STD SCORE & INTEREST LEVEL (30 40 50 60 70)	STD SCORE
Performing Arts	M	52
Visual Arts & Design	M	51
Culinary Arts	M	49
Writing & Mass Communication	M	46

ENTERPRISING — Moderate

BASIC INTEREST SCALE	STD SCORE & INTEREST LEVEL (30 40 50 60 70)	STD SCORE
Sales	M	57
Law	M	56
Politics & Public Speaking	M	51
Marketing & Advertising	M	49
Management	M	48
Entrepreneurship	L	38

INTEREST LEVELS: VL = Very Little | L = Little | M = Moderate | H = High | VH = Very High

OCCUPATIONAL SCALES

SECTION 3

This section highlights your Profile results on the Occupational Scales of the *Strong*. On the following pages you will find your scores for 130 occupations. The 10 occupations most closely aligned with your interests are listed in the summary chart below. Keep in mind that the occupations listed in your Profile results are just *some* of the many occupations linked to your interests that you might want to consider. They do not indicate those you "should" pursue. It is helpful to think of each occupation as a single example of a much larger group of occupational titles to consider.

Your score on an Occupational Scale shows how similar your interests are to those of people of your gender who have been working in, and are satisfied with, that occupation. The higher your score, the more likes and dislikes you share with those individuals. The Theme codes associated with each occupation indicate the GOTs most commonly found among people employed in that occupation. You can review your top occupations to see what Theme codes recur and then explore additional occupational titles not included on the *Strong* that have one or more of these Theme letters in common.

YOUR TOP TEN STRONG OCCUPATIONS

1. Auditor (C)
2. Accountant (CRE)
3. Customer Service Representative (CR)
4. Elementary School Teacher (S)
5. Special Education Teacher (SEA)
6. Middle School Teacher (S)
7. Administrative Assistant (CSR)
8. Financial Analyst (CRE)
9. Financial Manager (CRE)
10. Health Information Specialist (C)

Occupations of Dissimilar Interest

Medical Illustrator (AIR)
Art Teacher (AS)
Reporter (A)
Broadcast Journalist (AE)
English Teacher (ASE)

As you read through your Occupational Scales results on this and the following pages, note the names of those occupations for which you scored "Similar." Those are the occupations you might want to explore first. Also consider exploring occupations on which you scored in the midrange, since you have some likes and dislikes in common with people in those occupations. You might also consider occupations of least interest or for which you scored "Dissimilar"; however, keep in mind that you are likely to have little in common with people in these types of work and probably would contribute to such occupations in a unique way. Your career professional can guide you further in the career exploration process.

Click the name of any of the occupations in your top ten list above to visit the O*NET™ database (http://www.onetonline.org) and see a summary description of that occupation. Learn about occupations by visiting reputable Web sites such as O*NET. You can also find career information in a public library, in the career library of a college or university near you, or in a professional career center or state or local government job agency. Supplement your research by talking to people who are working in the occupations you are considering. These people can describe their day-to-day work and tell you what they like and dislike about the occupation.

OCCUPATIONAL SCALES

SECTION 3

CONVENTIONAL — Accounting, Organizing, Processing Data

THEME CODE	OCCUPATIONAL SCALE	STD SCORE
C	Auditor	58
CRE	Accountant	57
CR	Customer Service Representative	56
CSR	Administrative Assistant	52
CRE	Financial Analyst	51
CRE	Financial Manager	51
C	Health Information Specialist	51
CI	Actuary	48
CRE	Business/Finance Supervisor	46
CE	Credit Manager	46
CIS	Mathematics Teacher	46
CES	Business Education Teacher	45
CES	Nursing Home Administrator	45
CA	Paralegal	44
CES	Food Service Manager	41

SOCIAL — Helping, Instructing, Caregiving

THEME CODE	OCCUPATIONAL SCALE	STD SCORE
S	Elementary School Teacher	54
SEA	Special Education Teacher	54
S	Middle School Teacher	53
SAR	Recreation Therapist	48
S	Secondary School Teacher	48
SIR	Physical Therapist	47
S	Community Service Director	44
SAI	Registered Nurse	44
S	Instructional Coordinator	43
SA	University Administrator	43
SRA	Rehabilitation Counselor	42
SE	Parks & Recreation Manager	39
SA	Social Worker	39
S	Career Counselor	38
SEC	School Administrator	37
SA	Speech Pathologist	37
SER	Human Resources Manager	36
SA	Occupational Therapist	36
SEC	Dietitian	33
SE	School Counselor	33
SIR	Athletic Trainer	31
SAE	Training & Development Specialist	31
S	Mental Health Counselor	27
S	Religious/Spiritual Leader	27

Similar results (40 and above)
You share interests with men in that occupation and probably would enjoy the work.

Midrange results (30–39)
You share some interests with men in that occupation and probably would enjoy some of the work.

Dissimilar results (29 and below)
You share few interests with men in that occupation and probably would not enjoy the work.

For more information about any of these occupations, visit O*NET™ online at http://www.onetonline.org

OCCUPATIONAL SCALES

SECTION 3

INVESTIGATIVE — Researching, Analyzing, Inquiring

THEME CODE	OCCUPATIONAL SCALE	STD SCORE
ICE	Pharmacist	42
IR	Optometrist	41
IRS	Science Teacher	36
I	University Faculty Member	36
ISA	Chiropractor	35
ICA	Mathematician	35
IR	Dentist	34
IRC	R&D Manager	33
IRS	Respiratory Therapist	33
IR	Chemist	32
IRC	Medical Technologist	31
IAS	Psychologist	31
ICR	Computer Scientist	30
IA	Geographer	30
IA	Biologist	29
IRA	Geologist	29
IAR	Physician	29
IRE	Medical Technician	27
IR	Veterinarian	27
IRA	Physicist	26

REALISTIC — Building, Repairing, Working Outdoors

THEME CODE	OCCUPATIONAL SCALE	STD SCORE
REC	Management Analyst	47
RI	Engineer	44
RCE	Military Enlisted	44
RCE	Production Worker	44
REC	Military Officer	43
RI	Radiologic Technologist	42
RIC	Computer Programmer	41
RCI	Computer Systems Analyst	38
RI	Emergency Medical Technician	37
R	Law Enforcement Officer	37
RIC	Engineering Technician	36
RC	Farmer/Rancher	36
RIC	Software Developer	35
RC	Computer & IS Manager	34
RIC	Computer/Mathematics Manager	33
RIC	Electrician	33
RCI	Technical Support Specialist	33
REA	Carpenter	31
REI	Horticulturist	31
RE	Landscape/Grounds Manager	31
RSE	Vocational Agriculture Teacher	31
RI	Forester	30
RIC	Network Administrator	30
R	Automobile Mechanic	29
RI	Firefighter	27

Similar results (40 and above)
You share interests with men in that occupation and probably would enjoy the work.

Midrange results (30–39)
You share some interests with men in that occupation and probably would enjoy some of the work.

Dissimilar results (29 and below)
You share few interests with men in that occupation and probably would not enjoy the work.

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OCCUPATIONAL SCALES

SECTION 3

ARTISTIC — Creating or Enjoying Art, Drama, Music, Writing

THEME CODE	OCCUPATIONAL SCALE	STD SCORE
AI	Urban & Regional Planner	43
A	Arts/Entertainment Manager	39
ARE	Attorney	31
A	Musician	29
ASE	Public Administrator	28
ASI	ESL Instructor	27
A	Librarian	27
AE	Public Relations Director	27
AI	Translator	27
AE	Interior Designer	24
AE	Advertising Account Manager	23
AI	Sociologist	23
A	Editor	22
AI	Technical Writer	22
A	Graphic Designer	20
ARE	Photographer	16
ARI	Architect	12
A	Artist	12
ASE	English Teacher	12
AE	Broadcast Journalist	11
A	Reporter	11
AS	Art Teacher	5
AIR	Medical Illustrator	-7

ENTERPRISING — Selling, Managing, Persuading

THEME CODE	OCCUPATIONAL SCALE	STD SCORE
ECS	Facilities Manager	44
ER	Optician	40
ER	Technical Sales Representative	40
EAS	Flight Attendant	38
E	Life Insurance Agent	38
E	Loan Officer/Counselor	37
E	Wholesale Sales Representative	37
ER	Chef	36
ESR	Human Resources Specialist	36
EAC	Florist	35
ER	Operations Manager	34
E	Personal Financial Advisor	34
ECR	Restaurant Manager	33
E	Marketing Manager	31
E	Realtor	31
ECR	Purchasing Agent	28
EAR	Bartender	26
E	Top Executive, Business/Finance	26
E	Sales Manager	25
EA	Cosmetologist	23
ESA	Elected Public Official	19
EC	Buyer	18
E	Securities Sales Agent	18

Similar results (40 and above)
You share interests with men in that occupation and probably would enjoy the work.

Midrange results (30–39)
You share some interests with men in that occupation and probably would enjoy some of the work.

Dissimilar results (29 and below)
You share few interests with men in that occupation and probably would not enjoy the work.

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PERSONAL STYLE SCALES

SECTION 4

The Personal Style Scales describe different ways of approaching people, learning, and leading, as well as your interest in taking risks and participating in teams. Personal Style Scales help you think about your preferences for factors that can be important in your career, enabling you to narrow your choices more effectively and examine your opportunities. Each scale includes descriptions at both ends of the continuum, and the score indicates your preference for one style versus the other.

Your scores on the Personal Style Scales were determined by comparing your responses to those of a combined group of working men and women.

YOUR PERSONAL STYLE SCALES PREFERENCES

1. **You likely prefer a balance of working alone and working with people.**
2. **You seem to prefer to learn by doing and through lectures and books.**
3. **You probably are comfortable both leading by example and taking charge.**
4. **You may be comfortable taking some risks.**
5. **You probably enjoy both team roles and independent roles.**

Clear Scores (Below 46 and above 54)
You indicated a clear preference for one style versus the other.

Midrange Scores (46–54)
You indicated that some of the descriptors on both sides apply to you.

PERSONAL STYLE SCALE		CLEAR 25–35 / MIDRANGE 45–55 / CLEAR 65–75		STD SCORE
Work Style	Prefers working alone; enjoys data, ideas, or things; reserved		Prefers working with people; enjoys helping others; outgoing	53
Learning Environment	Prefers practical learning environments; learns by doing; prefers short-term training to achieve a specific goal or skill		Prefers academic environments; learns through lectures and books; willing to spend many years in school; seeks knowledge for its own sake	46
Leadership Style	Is not comfortable taking charge of others; prefers to do the job rather than direct others; may lead by example rather than by giving directions		Is comfortable taking charge of and motivating others; prefers directing others to doing the job alone; enjoys initiating action; expresses opinions easily	50
Risk Taking	Dislikes risk taking; likes quiet activities; prefers to play it safe; makes careful decisions		Likes risk taking; appreciates original ideas; enjoys thrilling activities and taking chances; makes quick decisions	53
Team Orientation	Prefers accomplishing tasks independently; enjoys role as independent contributor; likes to solve problems on one's own		Prefers working on teams; enjoys collaborating on team goals; likes problem solving with others	50

25 35 45 55 65 75
CLEAR MIDRANGE CLEAR

PROFILE SUMMARY

SECTION 5

YOUR HIGHEST THEMES

Conventional, Social, Investigative

YOUR THEME CODE

CSI

YOUR TOP FIVE INTEREST AREAS

1. Taxes & Accounting (C)
2. Mathematics (I)
3. Athletics (R)
4. Teaching & Education (S)
5. Office Management (C)

Areas of Least Interest

Entrepreneurship (E)

Writing & Mass Communication (A)

Human Resources & Training (S)

YOUR TOP TEN STRONG OCCUPATIONS

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10. Health Information Specialist (C)

Occupations of Dissimilar Interest

Medical Illustrator (AIR)

Art Teacher (AS)

Reporter (A)

Broadcast Journalist (AE)

English Teacher (ASE)

YOUR PERSONAL STYLE SCALES PREFERENCES

1. You likely prefer a balance of working alone and working with people.
2. You seem to prefer to learn by doing and through lectures and books.
3. You probably are comfortable both leading by example and taking charge.
4. You may be comfortable taking some risks.
5. You probably enjoy both team roles and independent roles.

RESPONSE SUMMARY

SECTION 6

This section provides a summary of your responses to the different sections of the inventory for use by your career professional.

ITEM RESPONSE PERCENTAGES

Section Title	Strongly Like	Like	Indifferent	Dislike	Strongly Dislike
Occupations	3	23	45	27	2
Subject Areas	11	35	50	4	0
Activities	5	28	55	12	0
Leisure Activities	11	36	36	18	0
People	0	25	63	13	0
Your Characteristics	0	33	56	11	0
TOTAL PERCENTAGE	**5**	**28**	**49**	**17**	**1**

Note: Due to rounding, total percentage may not add up to 100%.

Total possible responses: 291 Your response total: 291 Items omitted: 0 Typicality index: 24—Combination of item responses appears consistent.

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LEVELS OF SKILLS CONFIDENCE BY THEME

Your *Skills Confidence Inventory* results describe how you perceive your own capabilities in performing activities related to the same six broad areas represented by the General Occupational Themes. Keep in mind that these results may not reflect your actual abilities; the results reflect how you rate yourself. Your own rating may influence what kinds of activities you try or avoid and may determine what occupations or educational programs you consider as possibilities for exploration.

Your confidence in each of the six areas is shown below. Additionally, you will see a Skills Confidence Theme code, which summarizes the areas in which you feel most confident performing particular activities.

SKILLS CONFIDENCE THEME CODE: SCI

THEME	CODE	CONFIDENCE SCORE & LEVEL (1 2 3 4 5)	SCORE (1–5)	TYPICAL SKILL AREAS
Social	S	MODERATE	3.4	Education, counseling, social service
Conventional	C	MODERATE	3.4	Finance, computers, organization
Investigative	I	MODERATE	3.2	Research, math, science
Enterprising	E	MODERATE	2.8	Sales, speaking, management
Realistic	R	LITTLE	2.7	Outdoor work, construction, repair
Artistic	A	LITTLE	2.4	Creative expression, music, design

COMPARISON OF LEVELS OF SKILLS CONFIDENCE AND INTEREST

The chart below compares your skills confidence levels with your interest levels as measured by the *Strong*. Your Skills Confidence Theme code is shown above the chart, as is your *Strong* Theme code. Use this comparison of confidence and interest to help you select Themes you'd like to explore further to find satisfying career, educational, and leisure options.

SKILLS CONFIDENCE THEME CODE: SCI **STRONG THEME CODE: CSI**

THEME	CODE	FURTHER EXPLORATION (If highest level of confidence is moderate) / FURTHER EXPLORATION (Less → More)	PRIORITIES FOR CAREER EXPLORATION
Social	S	CONFIDENCE; INTEREST	High priority
Conventional	C	CONFIDENCE; INTEREST	High priority
Investigative	I	CONFIDENCE; INTEREST	High priority
Enterprising	E	CONFIDENCE; INTEREST	High priority
Realistic	R	CONFIDENCE; INTEREST	Good option if confidence in skills can be increased
Artistic	A	CONFIDENCE; INTEREST	Good option if confidence in skills can be increased

Total responses out of 60: 60

See Understanding Your Results on the Skills Confidence Inventory at https://www.skillsone.com/Pdfs/SCI_Understanding.pdf for ideas on using skills confidence information in career exploration.

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